



SUBMIT TO:
Utilization Management Department
 12515-8 Research Blvd., Suite 400
 Austin, Texas 78759
 PHONE 1.877.687.1189
 FAX 1.855.283.9098

OUTPATIENT TREATMENT REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER INFORMATION

First Name _____

Last Name _____

DOB _____

Member ID # _____

PROVIDER INFORMATION

Provider Name (print) _____

Provider/Agency Tax ID # _____

Provider/Agency NPI Sub Provider # _____

Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

Primary (Required) _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

SPMI/SED Yes No

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT.)

- | | | |
|--|----------------------------------|---------------------------------|
| 1. In the last 30 days, have you had problems with sleeping or feeling sad? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 2. In the last 30 days, have you had problems with fears and anxiety? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 3. Do you currently take mental health medicines as prescribed by your doctor? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 4. In the last 30 days, has alcohol or drug use caused problems for you? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 5. In the last 30 days, have you gotten in trouble with the law? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 6. In the last 30 days, have you actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 7. In the last 30 days, have you had trouble getting along with other people including family and people outside the home? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 8. Do you feel optimistic about the future? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |

Children Only:

- | | | |
|---|----------------------------------|---------------------------------|
| 9. In the last 30 days, has your child had trouble following rules at home or school? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 10. In the last 30 days, has your child been placed in state custody (DCBS or DJJ)? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |

Adults Only:

- | | | |
|---|----------------------------------|---------------------------------|
| 11. Are you currently employed or attending school? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 12. In the last 30 days, have you been at risk of losing your living situation? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |

Therapeutic Approach/Evidence Based Treatment Used _____

LEVEL OF IMPROVEMENT TO DATE

Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

Treatment Plan Changes

Member Name _____

SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity): _____				
					Risk of OOH Placement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FUNCTIONAL IMPAIRMENT RELATED SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice _____				
Last Date of substance use: _____					Attending AA/NA	<input type="checkbox"/> Yes	<input type="checkbox"/> No		

RISK ASSESSMENT

- Suicidal None Ideation Planned Imminent Intent History of self-harming behavior
- Homicidal None Ideation Planned Imminent Intent History of harm to others
- Safety Plan in place? (If plan or intent indicated): Yes No
- Medical Psychiatric Evaluation completed? Yes No
- If prescribed medication, is member compliant? Yes No

CURRENT MEASUREABLE TREATMENT GOALS

Optional: Please provide a narrative or any additional documentation you feel will support this request.

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

SERVICE	FREQUENCY	INTENSITY	REQUESTED START	ANTICIPATED COMPLETION
Behavioral Health Outpatient Services	How Often Seen	# Units Per Visit	Date for this Auth	Date of Service
<input type="checkbox"/> Individual Psychotherapy—Mental Health				
<input type="checkbox"/> Individual Psychotherapy — Substance Use Disorder				

Clinician Printed Name

Clinician Signature Date

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