

## **Clinical Policy: Repository Corticotropin Injection (H.P. Acthar Gel)**

Reference Number: CP.PHAR.168

Effective Date: 03.01.16 Last Review Date: 11.18

Line of Business: Commercial, Medicaid

Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

### **Description**

Repository corticotropin injection (H.P. Acthar® Gel) is adrenocorticotropic hormone (ACTH) in 16% gelatin.

## FDA Approved Indication(s)

H.P. Acthar Gel is indicated for the treatment of:

- Infantile spasms in infants and children under 2 years of age as monotherapy
- Acute exacerbations of multiple sclerosis (MS) in adults

### Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that H.P. Acthar Gel is **medically necessary** when the following criteria are met:

## I. Initial Approval Criteria

## A. West Syndrome (Infantile Spasms) (must meet all):

- 1. Diagnosis of West syndrome (infantile spasms);
- 2. Prescribed by or in consultation with a neurologist;
- 3. Age < 2 years;
- 4. Dose does not exceed 150 U/m<sup>2</sup> per day (divided into twice daily injections of 75 U/m<sup>2</sup>).

## **Approval duration: 3 months**

## **B.** Multiple Sclerosis (must meet all):

- 1. Diagnosis of MS;
- 2. Prescribed by or in consultation with a neurologist;
- 3. Age  $\geq$  18 years;
- 4. Prescribed for acute exacerbations of MS;
- 5. Failure of a recent (within the last 30 days) trial of at least 7 day course of corticosteroid therapy for acute exacerbations of MS, unless contraindicated or clinically significant adverse effects are experienced;
- 6. Member has been adherent to disease modifying therapy for MS (e.g., Aubagio, Avonex, Betaseron, Copaxone, Gilenya, Plegridy, Rebif);
- 7. Dose does not exceed 120 units per day.

## **Approval duration: 1 month**



## C. Nephrotic Syndrome (must meet all):

- 1. Diagnosis of nephrotic syndrome associated with one of the following (a f):
  - a. Idiopathic membranous nephropathy (IMN);
  - b. Focal segmental glomerulosclerosis;
  - c. Minimal change disease (MCD);
  - d. Membranoproliferative glomerulonephritis;
  - e. Lupus nephritis;
  - f. IgA nephropathy;
- 2. Prescribed by or in consultation with a nephrologist;
- 3. Age > 2 years;
- 4. Failure of oral corticosteroid therapy, unless contraindicated or clinically significant adverse effects are experienced;
- For IMN and MCD: Failure of cyclophosphamide, unless contraindicated or clinically significant adverse effects are experienced;
- 6. Failure of two of the following, unless contraindicated or clinically significant adverse effects are experienced: tacrolimus, cyclosporine, mycophenolate, rituximab;
- 7. Dose does not exceed 80 units per day.

## **Approval duration: 3 months**

### D. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

#### **II. Continued Therapy**

## A. West Syndrome (Infantile Spasms) (must meet all):

- 1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
- 2. Age < 2 years;
- 3. Member is responding positively to therapy;
- 4. If request is for a dose increase, new dose does not exceed 150 U/m² per day (divided into twice daily injections of 75 U/m²).

## **Approval duration: 3 months (one renewal limit)**

### **B.** Multiple Sclerosis

1. Re-authorization is not permitted because H.P. Acthar is not indicated for continuous use for this indication. Members must meet the initial approval criteria.

## **Approval duration: Not applicable**

## C. Nephrotic Syndrome (must meet all):

- 1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
- 2. Member is responding positively to therapy;
- 3. Dose does not exceed 80 units per day.

## **Approval duration: 3 months**



## **D. Other diagnoses/indications** (must meet 1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

Approval duration: Duration of request or 3 months (whichever is less); or

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

### III. Diagnoses/Indications for which coverage is NOT authorized:

**A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial and CP.PMN.53 for Medicaid or evidence of coverage documents.

## IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

ACTH: adrenocorticotropic hormone MCD: minimal change disease

FDA: Food and Drug Administration MS: multiple sclerosis

IMN: idiopathic membranous

nephropathy

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
tacrolimus	Nephrotic syndrome: 0.05-0.075 mg/kg/day	0.075 mg/kg/day
(Prograf <sup>®</sup> )	PO in two divided doses 12 hours apart	
cyclosporine	Nephrotic syndrome: 3.5-5 mg/kg/day PO in	5 mg/kg/day
(Neoral <sup>®</sup> ,	two equally divided doses 12 hours apart	
Sandimmune <sup>®</sup> )		
cyclophosphamide	Nephrotic syndrome: 20 mg/kg/day PO for a	20 mg/kg/day
	6-month course with alternating monthly	
	cycles of PO and IV corticosteroids	
mycophenolate	Nephrotic syndrome: 2-3 g/day PO	3 g/day
(CellCept®)		
Rituxan®	Nephrotic syndrome: 375 mg/m <sup>2</sup> IV every	375 mg/m <sup>2</sup> /week
(rituximab)	week	

Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.

## Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
  - o Intravenous administration



- o Children under 2 years of age with suspected congenital infections
- o With administration of live or live attenuated vaccines in patients receiving immunosuppressive doses of H.P. Acthar Gel
- In patients with scleroderma, osteoporosis, systemic fungal infections, ocular herpes simplex, recent surgery, history of or the presence of a peptic ulcer, congestive heart failure, uncontrolled hypertension, primary adrenocortical insufficiency, adrenocortical hyperfunction or sensitivity to proteins of porcine origin
- o Primary adrenocortical insufficiency or hyperfunction
- Boxed warning(s): none reported

## Appendix D: General Information

- Common adverse reactions for H.P. Acthar Gel are similar to those of corticosteroids and include fluid retention, alteration in glucose tolerance, elevation in blood pressure, behavioral and mood changes, increased appetite and weight gain.
- The initial approval of H.P. Acthar Gel occurred prior to the Kefauver-Harris amendment to the Federal Food, Drug and Cosmetic Act of 1962, which introduced the requirement of "substantial evidence" of two adequate and well controlled trials. At the time of the original approval drug manufacturers only had to show the drug was safe for use in humans. The original data included case reports from a few physicians describing patients with conditions originally treated with Acthar powder that were transferred to treatment with Acthar Gel and gave dosing guidance for treatment of these individual conditions.
- The efficacy HP Acthar Gel has in the following conditions has not been proven in well-designed clinical trials and its use is considered experimental. They are also not FDA approved indications:
  - O Rheumatic disorders: As adjunctive therapy for short-term administration (to tide the patient over an acute episode or exacerbation) in: psoriatic arthritis, rheumatoid arthritis, including juvenile rheumatoid arthritis (selected cases may require low-dose maintenance therapy), ankylosing spondylitis
  - o Collagen diseases: During an exacerbation or as maintenance therapy in selected cases of: systemic lupus erythematosus; systemic dermatomyositis (polymyositis)
  - o Dermatologic diseases: severe erythema multiforme, Stevens-Johnson syndrome
  - o Allergic states: serum sickness
  - Ophthalmic diseases: severe acute and chronic allergic and inflammatory processes involving the eye and its adnexa such as: keratitis, iritis, iridocyclitis, diffuse posterior uveitis and choroiditis; optic neuritis; chorioretinitis; anterior segment inflammation
  - o Respiratory diseases: symptomatic sarcoidosis
- Although H.P. Acthar Gel use in nephrotic syndrome has not been evaluated in well-designed clinical trials, it would be appropriate to allow use after exhausting alternative treatment options with higher quality of evidence to support their use that are supported by the Kidney Disease: Improving Global Outcomes (KDIGO) guidelines for glomerulonephritis (e.g., corticosteroids, cyclophosphamide, cyclosporine, tacrolimus, mycophenolate, Rituxan).
- For acute exacerbations in multiple sclerosis, the results of trials that analyzed direct comparisons have shown no significant differences between ACTH and



methylprednisolone (MP) in both rate and degree of recovery after exacerbation. Indirect comparisons suggest a significantly greater effect of MP versus ACTH, with MP conferring greater benefit compared with ACTH (odds ratio (OR) 0.20, 95% CI 0.09 to 0.45 vs OR 0.46, 95% CI 0.28 to 0.77).

• Studies evaluating the use of ACTH in acute exacerbations of multiple sclerosis ranged from 14 to 21 days in length and evaluated one course of therapy. To date, retreatment with ACTH has not been evaluated in clinical trials.

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
West syndrome (infantile spasms)	150 U/m <sup>2</sup> IM divided into twice daily injections of 75 U/m <sup>2</sup> administered over a 2-week period. After 2 weeks, H.P. Acthar Gel should be gradually tapered over a 2-week period	150 U/m²/day
Acute exacerbation of MS	80-120 units IM/SC daily for 2-3 weeks	120 units/day
Nephrotic syndrome	40-80 units IM/SC every 24-72 hours	80 units/day

## VI. Product Availability

Multi-dose vial: 5 mL containing 80 USP units per mL

#### VII. References

- 1. H.P. Acthar Prescribing Information. Hazelwood, MO: Mallinckrodt ARD, Inc.; April 2018. Available at <a href="https://www.acthar.com/pdf/Acthar-PI.pdf">https://www.acthar.com/pdf/Acthar-PI.pdf</a>. Accessed May 22, 2018.
- 2. Go CY, Mackay MT, Weiss SK, et al. Evidenced-based guideline update: Medical treatment of infantile spasms: Report of the guideline development subcommittee of the American Academy of Neurology and the Practice Committee of the Child Neurology Society. *Neurology*. June 12, 2012; 78(24): 1974-80. *Reaffirmed July 18*, 2015.
- 3. Pellock JM, Hrachovy R, Shinnar S, et al. Infantile spasms: A U.S. consensus report. *Epilepsia*. October 2010; 51(10): 2175-89.
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- 5. Filippini G, Brusaferri F, Sibley WA, et al. Corticosteroids or ACTH for acute exacerbations in multiple sclerosis. *Cochrane Database Syst Rev.* 2000; (4): CD001331.
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- 13. Thompson AJ, Kennard C, Swash M, Summers B, Yuill GM, Shepherd DI, et al. Relative efficacy of intravenous methylprednisolone and ACTH in the treatment of acute relapse in MS. Neurology 1989;39(7):969–71.
- 14. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2016. Available at: <a href="http://www.clinicalpharmacology-ip.com/">http://www.clinicalpharmacology-ip.com/</a>.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy split from CP.PHAR.56.H.P. Acthar and Sabril. Criteria: added contraindications; updated MS approval period 2 to 3 weeks with a week for taper if necessary; updated infantile spasm approval period to 4 weeks; updated definition of nephrotic syndrome for children and adults; included all FDA labeled indications and criteria for each. Background: limited to Description/MOA and FDA approved indications. Appendices: added abbreviation key; removed the following appendices - contraindications, tentative treatment plan, examples of side effects - and included pertinent information from appendices directly into criteria.	02.16	03.16
Added criteria for failure of oral corticosteroids for MS.  Added criteria for rheumatic diseases, collagen disorders, ophthalmic diseases, and "other indications."	03.16	03.16
Removed labeled indications and criteria that do not have clinical studies showing effectiveness and superiority over corticosteroid therapy. Retained criteria for infantile spasms and MS.  For MS, added requirement for adherent use of disease modifying therapy and contraindications to both oral and injectable glucocorticoids  Modified approval duration for acute MS exacerbation to max 3 weeks based on PI.	05.16	05.16
Safety information removed. Infantile spasms approval duration is increased from 4 weeks to 3 months and continuing approval x 1 is added.		05.17



Reviews, Revisions, and Approvals	Date	P&T Approval Date
MS approval duration is increased from 4 weeks to 3 months. Continued approval is per Medical Director review. Nephrotic syndrome criteria are added for recalcitrant cases. Other PI indications are added for recalcitrant cases with the qualification that requests be supplemented by peer-reviewed literature. Continued approval is per Medical Director review.  References updated.		
1Q18 annual review: Combined Medicaid and commercial policies. Removed indications not supported by well-designed clinical trials as noted in <i>Appendix C;</i> retained indication due for nephrotic syndrome in policy due to appeal overturn report West syndrome – removed EEG requirement to confirm diagnosis; added neurologist prescriber requirement. MS- approval duration reduced to one month for initial as this medication is not indicated to used chronically and for continued approval for MS was referred to the initial criteria References reviewed and updated.	02.06.17	02.18
Nephrotic syndrome: clarified associated conditions; added redirection to cyclophosphamide for IMN and MCD per KDIGO guidelines and prescribing information.	05.22.18	11.18

### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.



This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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#### Note:

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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